



# RATIOS AND PROFESSIONAL PRACTICE

## I tool: Logbook

This tool enables **nurses and licensed practical nurses to document their capacity to accomplish all of the tasks within their scope of practice** based on the ratio established in their unit. One of the goals of safe ratios is to permit healthcare professionals to perform professional activities according to patients' needs. The information in the logbooks will be used to analyze the impact of ratios in order to improve working conditions.

Healthcare professionals are forced to neglect too many tasks due to a lack of time or excessive workload. An excessive workload is the main factor contributing to care omissions, incomplete care or care that doesn't comply with professional standards. There needs to be sufficient staff in order to provide all the care required, which is what healthcare professionals want to do, while respecting their professional judgement.

Nurses' and licensed practical nurses' working conditions have to improve, especially with regard to their work overload. Using the I tool (logbook) is a way to contribute to the ratios project, ensuring it has the greatest possible impact.

### **Be sure to carefully fill out the I tool on a regular basis! Because:**

- Detailed information recorded by nurses and licensed practical nurses will give added strength to the ratios project and the final stage of analysis;
- Future adjustments and improvements will be even more relevant thanks to your active participation;
- You play a key role in the project!

**The ratios project aims to ensure there is sufficient staffing of healthcare professionals in the care unit so they can accomplish all of the tasks within their scope of practice.**

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