www.fiqsante.qc.ca info@fiqsante.qc.ca



Word from the OHS Committee
The flu shot is back!

ressors...

GOTCHA!

You can read the latest editorial from the OHS Committee on the flu vaccine on the website of the Federation. You will find information on the vaccine used in the 2012-2013 campaign as well as the possible side effects from receiving this vaccine.

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## Word from the Status of Women Committee

#### Violence against women is still present



Written by Caroline Flageol and Marie-Ève Bertrand, members of the Status of Women Committee, the latest text put on line on the Federation website, encourages a reflection within the scope of the National Day of Remembrance and Action on Violence Against Women. Remember that this national day was decreed following the tragedy at the *Polytechnique* that happened on December 6, 1989.

#### Demonstration at CSSS du Kamouraska

#### No to the closure of CHSLD Thérèse-Martin



Meeting at a Federal Council in Lévis, about fifty delegates went to the CSSS de Kamouraska in order to demonstrate against the closure of CHLSD Thérèse-Martin. The different labour organizations representing the employees at the CSSS joined their voices to denounce the closure of 50 public long-term care beds. Daniel Gilbert, Vice-President of the FIQ, Julie Ouellet, President of the SPSQ and Aline Boucher, President of the local SPSQ section, were also there to demonstrate beside the approximate one hundred people present.

#### 25 years for the FIQ - Souvenir book for the occasion

The Federation officially celebrated its 25-year history on December 2. To mark the occasion, the FIQ produced a souvenir book looking back at the highlights. From the merger of the three nurses federations which brought about the creation of the FIIQ, becoming the FIIQ+ and finally becoming the FIQ, this commemorative document illustrates the outstanding moments and the victories of the organization in remarkable fashion. You can download the souvenir book on the Federation website.





### President's blog

# Dare, act, influence... that is politics

Go to the Federation website to read the latest editorial from the president on the unconscionable Bill C-377 from the Conservative MP, Russ Hiebert, and the importance of playing politics to preserve our rights.



#### Happy Holidays!

The FIQ Express is taking a break for the holiday period. The next edition will appear on January 16, 2013. Best wishes for the holidays and until next year!